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| **The Woodlands Community Primary School** | | **Year 1/2** | **Topic – Outdoor PE** | | | **Athletics** |
| **Key Vocabulary** | **Key Knowledge and Skills** | | | | | |
| |  | | --- | | **Relay –** Multiple people take part in a team run  **Running –** Movement of a runner  **Batons –** A short stick  **Jumping –** Movement taking you into the air away from the ground  **Underarm Throw –** A skill that needs a pushing force | | **Knowledge**  I know how to be confident and safe in different spaces  I Know that being active is good for me  I know how to watch, copy and describe what others are doing  I know how to recognise and describe what my body feels like during different types of activity  I know how to use information to improve my work | | | | **Skills**  I can change my speed when running  I can explore arm movement  I can explore different methods of throwing.  I can master running, jumping, throwing and catching as well as develop balance, agility and co-ordination. | |
| **Running** | **Jumping** | | | **Underarm Throwing** | | |
| |  | | --- | | Cartoon Funny Little Boy Running Stock Illustration - Download Image Now -  iStock |   Premium Vector | Cartoon happy boy and jumping | | | |  | | |