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| **The Woodlands Community Primary School** | **Year 1/2** | **Topic – Outdoor PE** | **Athletics** |
| **Key Vocabulary**  | **Key Knowledge and Skills** |
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| **Relay –** Multiple people take part in a team run**Running –** Movement of a runner**Batons –** A short stick**Jumping –** Movement taking you into the air away from the ground**Underarm Throw –** A skill that needs a pushing force |

 | **Knowledge**I know how to be confident and safe in different spacesI Know that being active is good for meI know how to watch, copy and describe what others are doingI know how to recognise and describe what my body feels like during different types of activityI know how to use information to improve my work | **Skills**I can change my speed when runningI can explore arm movementI can explore different methods of throwing.I can master running, jumping, throwing and catching as well as develop balance, agility and co-ordination. |
| **Running** | **Jumping**  | **Underarm Throwing**  |
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| Cartoon Funny Little Boy Running Stock Illustration - Download Image Now -  iStock |

Premium Vector | Cartoon happy boy and jumping |   |