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| **The Woodlands Community Primary School** | | **Year 1/2** | **Topic – Outdoor PE** | | | **Ball Skills** |
| **Key Vocabulary** | **Key Knowledge and Skills** | | | | | |
| |  | | --- | | **Ball**  **Racket –** Equipment used to hit a ball  **Bats –** Equipment used to hit a ball  **Strike –** Hit  **Stationary –** Not moving  **Retrieving –** To locate and bring back | | **Knowledge**  I know how to explore and use skills, actions and ideas individually and in combination  I know how to watch, copy and describe what others are doing  I Know how to hold a racket  I know how to recognise and describe what my body feels like during different types of activity  I know how to use information to improve my work | | | | **Skills**  I can master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.  I can throw an object underarm.  I can hold a racket.  I can strike a stationary ball. | |
| **Hand –Eye Coordination** | **Strike** | | | **Racket** | | |
| |  | | --- | |  | |  |   Rounders Bat & Ball | Complete Rounders Set Striking using a rounder’s bat | | | | A Detailed Guide To The Right Racket Sport - Playo | | |