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| **The Woodlands Community Primary School** | | **Year 1/2** | **Topic – PE Indoor - Gymnastics** | | | **Bright Lights, Big City** |
| **Key Vocabulary** | **Key Knowledge and Skills** | | | | | |
| roll  balance  tense  curl  stretch | **Knowledge**  To know how to link shapes together.  To know how to safely move on a mat. | | | | **Skills**  To make body tense, relaxed, curled and  stretched, showing some tension.  To roll and balance. | |
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