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| **The Woodlands Community Primary School** | | **Year 5/6** | **PE Autumn 1 2021** | | **Tennis** |
| **Key Vocabulary** | **Important Facts** | | | **Knowledge and Skills** | |
| Backhand - a stroke played with the back of the hand facing in the direction of the stroke, with the arm across the body.  Forehand - a stroke played with the palm of the hand facing in the direction of the stroke.  Opponent – the person competing against another.  Return - hitting the ball back in the direction of your opponent (attempting to score a point).  Serve - The first shot played in a point/rally. | **Scoring**  The score starts at 0 – 0 which is known as ‘love all.’  The score then increases as follows:   * First point: 15 * Second point: 30 * Third point: 40 * Fourth point: game * 40 – 40 is called deuce.   **Match**  A match is divided into sets.  A set is won when a player reaches 6 games.  A match is won when a player has won 2 sets – apart from in Grand Slam tournaments, when male players must win 3 sets. | | | **Knowledge**   * I know how to position my body when receiving the ball. * I know how to position my body when hitting the ball with the forehand. * I know how to position my body when hitting the ball with the backhand. * I know how to control how much power is exerted on the ball.   **Skills**   * I can turn and run to the ball getting into the forehand or backhand position. * I can show a range of grips when using backhand. * I can use the correct swing technique and control. * I can serve the ball accurately. | |
| **Equipment** | **How does this link with previous learning?** | | | **Key Strokes** | |
| racket  Adult Tennis Racket TR930 Spin Lite - Black/Blue Artengo - DecathlonPACK OF 3 TENNIS BALLS | Poundstretcher  balls  Aoneky Portable Garden Mini Tennis Net for Kids Junior, 3m 6m:  Amazon.co.uk: Sports &amp; Outdoors  net | Bouncing and catching balls.  Playing attacking and defensive shots  Evaluating my performance  Hand – eye co-ordination | | | Related image | |